

Bachelor of Science in Health Sciences Degree

Eligibility Requirements To Take Health Sciences Courses

Student has met the following eligibility criteria in order to take courses within the Health Sciences Program:

1. a declared Health Sciences major
2. a 2.00 cumulative, overall grade point average.
3. a satisfactory grade, based on institutional policy for all Area A-F courses (60 hours)*
4. Area F courses completed with a grade of "C" or better in all Area F courses*

* See Health Sciences Degree Program Advising Checklist.

Health Sciences Program Map / Four Year Plan

Core Courses: Areas A-F (See Advising Checklist)	
Freshman / First Year – Fall Semester ENGL 1101 – 3hr MATH 1101 or 1111 – 3hr Area D lab science – 4hr HIST 2111 or 2112 – 3hr PERS – 2hr Credit hours = 15hrs	Freshmen / First Year – Spring Semester ENGL 1102 – 3hr *PSYC 1101 (Recommended) – 3hr Area D lab science – 4hr POLS 1101 – 3hr PERS - 2hr Credit hours = 15hrs
Sophomore / Second Year – Fall Semester ENGL 2111, 2112, or 2113 – 3hr Area E elective – 3hr BIOL 2251K – 4hr Area D elective (MATH 1401?) – 3hr ACED 2400 or CS 1000 – 3hr Credit hours = 16hrs	Sophomore / Second Year – Spring Semester BIOL 2252K – 4hr Area C elective – 3hr MATH 1401 or PSYC 2103 – 3hr Area D lab science or equivalent – 4hr Credit hours = 14hrs
<p>*IMPORTANT: Summer Semester can be used to take one or more core courses from the courses listed above. If a course is taken Summer Semester, a 4-hour lab science is recommended.</p>	
<p>*IMPORTANT: ALL Core Courses (Areas A-F) must be successfully completed BEFORE taking Health Sciences courses. Health Sciences courses are to be taken as part of a block, NOT individually.</p>	
Fall OR Spring Admission Option / Standard OR Alternate Progression Option	
Fall Admission / STANDARD Progression (60 hours) (See Courses Offered By Block)	
Fall Semester - First Block Health Sciences Courses (15 hours)	
Spring Semester - Second Block Health Sciences Courses (15 hours)	
Summer Semester - Third Block Health Sciences Courses (15 hours)	
Fall Semester - Fourth Block Health Sciences Courses (15 hours)	
Spring Admission / STANDARD Progression (60 hours) (See Courses Offered By Block)	
Spring Semester - First Block Health Sciences Courses (15 hours)	
Summer Semester - Second Block Health Sciences Courses (15 hours)	
Fall Semester - Third Block Health Sciences Courses (15 hours)	
Spring Semester - Fourth Block Health Sciences Courses (15 hours)	
Fall Admission / ALTERNATE Progression (60 hours) (See Courses Offered By Block)	
Fall Semester - First Block Health Sciences Courses (15 hours)	
Spring Semester - Second Block Health Sciences Courses (15 hours)	
Fall Semester - Third Block Health Sciences Courses (15 hours)	
Spring Semester - Fourth Block Health Sciences Courses (15 hours)	
Spring Admission / ALTERNATE Progression (60 hours) (See Courses Offered By Block)	
Spring Semester - First Block Health Sciences Courses (15 hours)	
Fall Semester - Third Block Health Sciences Courses (15 hours)	
Spring Semester - Second Block Health Sciences Courses (15 hours)	
Fall Semester - Fourth Block Health Sciences Courses (15 hours)	

Courses Offered By Block

(Health Sciences courses are to be taken as part of a block, NOT individually.)

FIRST BLOCK	SECOND BLOCK	THIRD BLOCK	FOURTH BLOCK
HSHS 3000 – Introduction to Healthcare Professional Practice (3hr)	Concentrated Electives *(3-4hrs)	Concentrated Electives *(5-6hrs)	HCAD 4000 – Legal and Ethical Issues in Healthcare Administration (3hr)
HSHS 3100 – Structural Kinesiology (3hr)	HSEP 3360 – Epidemiology (3hr)	HSHS 3350 – Medical Disease and Illness (3hr)	HSHS 3800 – Evidence Based Practice in Healthcare (3hr)
HSHS 3600 – Medical and Healthcare Terminology (3hr)	HSHS 3300 – Health Assessments and Promotion (3hr)	HSHS 4100 – Fitness and Strength and Conditioning Techniques (3hr)	HSHS 4050 – Principles of Musculoskeletal Evaluation (3hr)
HSHS 3700 – Principles of Pharmacology and Diagnostic Testing (3hr)	HSHS 4300 – Professionalism and Healthcare (3hr)	HSHS 4500 - Communication and Cultural Competence in Healthcare (3hr)	HSHS 4650 - Exercise Programming (3hr)
HSHS 3900 – Current Trends and Issues in Healthcare (3hr)	NUTR 3100 – Applied Nutritional Science or NUTR 3200 – Nutrition in Health and Human Performance or NUTR 3300 – Nutrition, Fitness, and Health (3hr)		HSHS 4800 – Principles of Therapeutic Intervention (3hr)

Days Of The Week In Which Courses Are Offered

FIRST BLOCK	SECOND BLOCK	THIRD BLOCK	FOURTH BLOCK
Fall Semester: Monday, Wednesday, Friday As of Fall Semester 2024: Monday, Wednesday	Spring Semester: Tuesday, Thursday	Fall Semester: Monday, Wednesday, Friday As of Fall Semester 2024: Monday, Wednesday	Fall Semester: Tuesday, Thursday
As of Spring Semester 2024: Monday, Wednesday	Summer Semester: Tuesday, Wednesday, Thursday	Summer Semester: Tuesday, Wednesday, Thursday	Spring Semester: Tuesday, Thursday
IMPORTANT: Fall Semester Health Sciences Courses: August – December Spring Semester Health Sciences Courses: January – May Summer Semester Health Sciences Courses: May – July			

***IMPORTANT:** Concentrated elective course hours may vary. Concentrated elective course hours are a part of the major courses of study. Students must have 60 credit hours total within the major and 120 credit hours total in order to graduate.

***IMPORTANT:** A final grade of “C” or better is required in all Health Sciences Professional Program of Study Courses (3000 and 4000 level courses) and all concentrated electives.